2024

Kentucky Mountain Laurel Festival

5K Walk / Run

When: Saturday May 25th

Time and Place: 8:00 am behind Pineville McDonalds

Course: The course will begin on W. Kentucky Ave directly behind McDonalds parking lot. The finish line will be at the festival office on Virginia Avenue.

Registration and Entry Fee: $25 for participants that register on or before May 16th. Race day registration will begin at 7:00 am at the start line. Cash or check will be accepted. Only pre-registered participants will receive a race t-shirt.

1st, 2nd and 3rd place medals will be awarded for each male and female age division.

Age divisions: <15, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age: \_\_\_\_ Sex: \_\_\_\_ T-Shirt Size: S M L XL XXL

I hereby release and discharge the City of Pineville, the KMLF and all sponsors from any claims of damages, demands, and actions whatsoever arising from or growing out of my participation in this athletic event. I verify that I have full knowledge of the risks involved in the event and am physically fit to participate.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature required, if under 18 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If preregistering, make checks payable to: **KMLF 5K**

You can turn this form along with race fees to: Apex Physical Therapy (Pineville or Barbourville), Runners Shop (Corbin), Pine Mountain CrossFit, Knox Street CrossFit (Barbourville), and the KMLF Office located at 208 Virginia Avenue, Pineville

Or you can mail your fee and application to: KMLF 5K Run

P.O. Box 151

Pineville, KY 40977